

If you care for a child in foster care, they may qualify for **free support** through their Medi-Cal health insurance.

What is Enhanced Care Management?

Enhanced Care Management (ECM) is a benefit that helps meet your foster child's health and everyday needs—both in and out of the doctor's office. ECM connects current and former foster youth up to age 26 with a personal care manager who works with you to support their care.

How ECM can help:

- Schedule medical, vision, and mental health care visits
- Coordinate with schools, social workers, and care teams
- Provide short-term backup caregiving (if the child qualifies)



Who may qualify?

Foster children may qualify for ECM through their Medi-Cal health insurance plan if they:

- Are currently in foster care
- Were in foster care on their 18th birthday or later

Other criteria may apply.*

If your foster child is approved, you'll be connected to their care manager and contacted to schedule services. It usually takes about 10-14 business days after you call to be fully set up.

Once enrolled, your foster child can receive ECM services for 12 months before needing to renew.

How can I find out if my foster child is eligible?

Call the number on the back of your foster child's Medi-Cal health insurance card to ask about ECM. They'll ask a few questions and explain the next steps.

What to have ready when you call:

1. Your foster child's Medi-Cal health insurance card
2. A list of their current doctors or providers
3. A list of concerns that may prevent them from getting the care they need

Not ready to call?

Visit YourHealthYourCare.org for more info about ECM and answers to common questions.



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*Eligibility requirements vary per program and need. Current referrals require enrollment in a Medi-Cal managed care plan. Some ECM requirements include: Adults and families experiencing homelessness. Adults, youth, and children who are at risk for avoidable hospital or emergency department care. Adults, youth, and children with serious mental health and/or substance use disorder needs. Adults and youth who are transitioning from incarceration. Children and youth enrolled in California Children's Services (CCS) or CCS Whole Child Model with additional needs beyond their CCS condition(s). Children and youth involved in child welfare (foster care). Others may be ineligible. Members may not be enrolled in ECM and any of the following programs at the same time: Complex Care Management (CCM); California Community Transitions (CCT); 1915 (c) Home and Community-Based Services Waiver (HCBS), including Medi-Cal Waiver Program (HIV/AIDS), Home and Community-Based Alternatives (HCBA), Assisted Living Waiver (ALW), Home and Community-Based Services Waiver for the Developmentally Disabled (HCBS-DD), Self-Determination Program (ICF-DD), Community Health Worker (CHW) services.